



42. Brockenlauf

Ilseburg / 01.09.2012

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Dr. Reich, Steffi

□□: Blau-Weiß Hettstedt
 □□: 420

□□: 26.20 km
 Brockenlauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:05:34

□□: 8.47 km/h
 □□□□: 7:05 min/km

□□□□□/□□□: 386 (of 426)

□□□□□/□: 45 (of 55)

□□□□□□: 2:09:06

□□□□□: 11(of 14)

□□□□□□□: 2:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:46	7:12	14	6:11	51	8:21	3.30	23:46	7:12	11	6:11	18	1:46
Schlüsie	3.10	26:11	8:26	14	7:42	52	8:58	6.40	49:57	7:48	11	13:53	18	3:04
Hermannsklippe	2.60	23:21	8:58	13	6:09	50	7:44	9.00	1:13:18	8:08	11	20:02	18	3:52
Brocken	3.10	36:29	11:46	13	8:07	46	12:00	12.10	1:49:47	9:04	11	28:09	18	4:22
Eiserner Handwe	3.60	21:00	5:49	9	3:44	39	6:20	15.70	2:10:47	8:19	11	31:53	18	3:55
Schlüsie	4.10	20:00	4:52	7	3:54	36	5:38	19.80	2:30:47	7:36	11	35:47	18	4:19
Loddenke	3.10	16:36	5:21	10	3:31	42	7:16	22.90	2:47:23	7:18	11	39:18	18	4:54
Ilseburg/Markt	3.30	18:11	5:30	9	2:53	38	4:42	26.20	3:05:34	7:04	11	42:11	45	56:28