



# 42. Brockenlauf

Ilseburg / 01.09.2012

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Rohde, Hannelore

□□: MSV Eintracht Halberstadt  
 □□: 300

□□: 26.20 km  
 Brockenlauf

□□□□:  
 Seniorinnen W55 (55-59 Jahre)

□□□: 3:19:57

□□: 7.80 km/h  
 □□□□: 7:38 min/km

□□□□□/□□□□: 408 (of 426)

□□□□□/□: 52 (of 55)

□□□□□□: 2:09:06

□□□□□: 1(of 3)

□□□□□□□: 3:19:57

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□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 24:01    | 7:16         | 1       | -       | 52      | 8:36    | 3.30  | 24:01     | 7:16          | 1       | -       | 25      | 2:01    |
| Schlüsie        | 3.10     | 26:55    | 8:40         | 1       | -       | 53      | 9:42    | 6.40  | 50:56     | 7:57          | 1       | -       | 25      | 4:03    |
| Hermannsklippe  | 2.60     | 24:39    | 9:28         | 1       | -       | 53      | 9:02    | 9.00  | 1:15:35   | 8:23          | 1       | -       | 25      | 6:09    |
| Brocken         | 3.10     | 40:03    | 12:55        | 2       | 2:40    | 53      | 15:34   | 12.10 | 1:55:38   | 9:33          | 1       | -       | 25      | 10:13   |
| Eiserner Handwe | 3.60     | 23:23    | 6:29         | 2       | 1:28    | 49      | 8:43    | 15.70 | 2:19:01   | 8:51          | 1       | -       | 25      | 12:09   |
| Schlüsie        | 4.10     | 22:30    | 5:29         | 2       | 0:13    | 51      | 8:08    | 19.80 | 2:41:31   | 8:09          | 1       | -       | 25      | 15:03   |
| Loddenke        | 3.10     | 18:34    | 5:59         | 1       | -       | 52      | 9:14    | 22.90 | 3:00:05   | 7:51          | 1       | -       | 25      | 17:36   |
| Ilseburg/Markt  | 3.30     | 19:52    | 6:01         | 1       | -       | 45      | 6:23    | 26.20 | 3:19:57   | 7:37          | 1       | -       | 52      | 1:10:51 |