



42. Brockenlauf

Ilseburg / 01.09.2012

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Evers, Iris

□□: TC-Nautilus
 □□: 118

□□: 26.20 km
 Brockenlauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 3:20:00

□□: 7.80 km/h
 □□□□: 7:38 min/km

□□□□□/□□□: 409 (of 426)

□□□□□/□: 53 (of 55)

□□□□□□: 2:09:06

□□□□□: 2(of 3)

□□□□□□□: 3:19:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	26:19	7:58	2	2:18	54	10:54	3.30	26:19	7:58	2	2:18	26	4:19	
Schlüsie	3.10	27:53	8:59	2	0:58	54	10:40	6.40	54:12	8:28	2	3:16	26	7:19	
Hermannsklippe	2.60	25:06	9:39	2	0:27	54	9:29	9.00	1:19:18	8:48	2	3:43	26	9:52	
Brocken	3.10	37:23	12:03	1	-	50	12:54	12.10	1:56:41	9:38	2	1:03	26	11:16	
Eiserner Handwe	3.60	21:55	6:05	1	-	44	7:15	15.70	2:18:36	8:49	2		26	11:44	
Schlüsie	4.10	22:17	5:26	1	-	49	7:55	19.80	2:40:53	8:07	2		26	14:25	
Loddenke	3.10	18:38	6:00	2	0:04	53	9:18	22.90	2:59:31	7:50	2		26	17:02	
Ilseburg/Markt	3.30	20:29	6:12	2	0:37	49	7:00	26.20	3:20:00	7:38	2	0:03	53	1:10:54	