



# 42. Brockenlauf

Ilsenburg / 01.09.2012

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Schneider, Detlef

□□: SV Medizin Quedlinburg  
 □□: 376

□□: 26.20 km  
 Brockenlauf

□□□□:  
 Senioren M65 (65-69 Jahre)

□□□: 3:29:43

□□: 7.44 km/h  
 □□□□: 8:00 min/km

□□□□□/□□□□: 413 (of 426)

□□□□□/□: 360 (of 371)

□□□□□□: 1:42:20

□□□□□: 11(of 12)

□□□□□□□: 2:22:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:33	7:08	12	6:23	360	11:07	3.30	23:33	7:08	12	6:23	361	11:07
Schlüsie	3.10	25:36	8:15	12	6:47	361	12:10	6.40	49:09	7:40	12	13:10	361	23:17
Hermannsklippe	2.60	23:38	9:05	11	6:46	353	11:53	9.00	1:12:47	8:05	12	19:56	361	35:10
Brocken	3.10	36:19	11:42	10	9:41	343	18:13	12.10	1:49:06	9:00	12	29:37	361	53:23
Eiserner Handwe	3.60	28:23	7:53	12	11:02	366	16:25	15.70	2:17:29	8:45	12	40:39	361	1:09:06
Schlüsie	4.10	28:04	6:50	12	11:34	364	16:08	19.80	2:45:33	8:21	12	52:13	361	1:24:35
Loddenke	3.10	21:34	6:57	11	7:56	364	11:21	22.90	3:07:07	8:10	12	1:00:09	361	1:35:56
Ilsenburg/Markt	3.30	22:36	6:50	8	7:00	358	11:27	26.20	3:29:43	8:00	11	1:07:09	360	1:47:23