



42. Brockenlauf
Ilseburg / 01.09.2012

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Werner, Frank

□□: Förderverein FF Oppin

□□: 990

□□: 26.20 km

Brocken-Walking

□□□: 5:19:40

□□: 4.88 km/h

□□□□□□: 890

□□□□: 39.35

□□□□: 195 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Ilseburg/Markt	0	0	08:01	00:00	00:00
Loddenke	3.3	3.3	08:36	00:35	00:35
Schlüsie	6.4	3.1	09:11	01:10	00:35
Hermannsklippe	9.0	2.6	09:41	01:40	00:29
Brocken	12.1	3.1	10:41	02:39	00:59
Eiserner Handweiser	15.7	3.6	11:25	03:23	00:44
Schlüsie	19.8	4.1	12:05	04:04	00:40
Loddenke	22.9	3.1	12:43	04:42	00:37
Ilseburg/Markt	26.2	3.3	13:20	05:19	00:37