



Göbel, Matthias

□□: NSV Wernigerode

□□: 607

□□: 9.60 km Ilsesteinlauf

Männer (20-29 Jahre)

□□□: 34:18

□□: 15.74 km/h

□□□: 3:34 min/km

_____: 1 (of 174)

_______: 1 (of 112)

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□□□□: 1(of 16)

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	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	16:39	4:03	1	-	1	-	4.10	16:39	4:03	1	-	1	-
Loddenke	2.20	6:54	3:08	1	-	1	-	6.30	23:33	3:44	1	-	1	-
Ilsenburg/Markt	3.30	10:45	3:15	1	-	1	-	9.60	34:18	3:34	1	-	1	-