



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

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Martin, Johannes

□□: AS Neukirchen-Vluyn

□□: 1209

□□: 21.00 km

21 km Nordic Walking

□□□: 2:34:45

□□: 8.14 km/h

□□□□□□: 632

□□□□: 30.48

□□□□: 248 □