



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

□□□□

Rendchen, Lothar

□□: AS Neukirchen-Vluyn

□□: 3290

□□: 10.00 km

10 km Nordic Walking

□□□: 1:08:30

□□: 8.76 km/h

□□□□□□: 196

□□□□: 12.94

□□□□: 113 □