



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

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Zühlke, Hans-Hermann

□□□: 1:17:55

□□: Worpswede

□□: 7.70 km/h

□□: 3321

□□□□□□: 196

□□: 10.00 km

□□□□: 12.94

10 km Nordic Walking

□□□□: 100 □