



Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

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Huebel, Christoph

000: 1:51:15

00: SV Thuringia Koenigsee

00: 41

00: 35.70 km

00000/000: 8 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

00000/0: 8 (of 48)

000000: 1:36:59

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00000: 2(of 8)

TM 45, Senioren 2

0000000: 1:36:59

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Wechsel Schw.-R	0.50	12:12	24:23	5	3:21	26	3:21	0.50	12:12	24:23	3	3:21	35	
Schwimmen	0.01	0:22	36:39	1	-	1	-	0.51	12:34	24:38	3	2:51	35	
Schwimmen 000	0.51	12:34												
Runde Rad	2.00	5:19	2:39	3	1:00	15	1:00	2.51	17:53	7:07	3	3:51	34	
Runde Rad	8.70	19:13	2:12	2	2:05	9	2:21	11.21	37:06	3:18	3	5:56	34	
Runde Rad	8.70	19:47	2:16	2	1:38	9	1:55	19.91	56:53	2:51	3	7:34	34	
Wechsel Rad-Lau	8.70	20:18	2:20	3	1:37	11	2:02	28.61	1:17:11	2:41	3	9:11	32	
Rad	0.01	0:03	5:00	1	-	5	0:01	28.62	1:17:14	2:41	3	9:06	32	
Rad 000	28.11	1:04:40												
Runde Lauf	2.40	11:02	4:35	4	1:31	10	10:52	31.02	1:28:16	2:50	3	10:37	32	
Runde Lauf	2.40	11:29	4:47	5	1:44	10	1:44	33.42	1:39:45	2:59	2	12:21	31	
Lauf	2.28	11:30	5:02	3	1:55	8	1:56	35.70	1:51:15	3:06	2	14:16	8	14:16
Lauf 000	35.19	1:51:15												