



Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

0000

Fischer, Michael

000: 2:20:04

00: Uhlstädt-Kirchhasel OT Engerda

00: 31

00: 35.70 km

00000/000: 43 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

00000/0: 39 (of 48)

000000: 1:36:59

0000:

00000: 7(of 8)

TM 40, Senioren 1

0000000: 1:48:13

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|--------|----|------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Wechsel Schw.-R | 0.50 | 13:32 | 27:03 | 7 | 4:13 | 42 | 4:41 | 0.50 | 13:32 | 27:03 | 8 | 0:31 | 18 | 0:14 |
| Schwimmen | 0.01 | 3:01 | 301:39 | 8 | 1:37 | 37 | 2:39 | 0.51 | 16:33 | 32:27 | 8 | 1:28 | 18 | 0:19 |
| Schwimmen 000 | 0.51 | 16:33 | | | | | | | | | | | | |
| Runde Rad | 2.00 | 6:15 | 3:07 | 7 | 1:23 | 42 | 1:56 | 2.51 | 22:48 | 9:05 | 7 | 7:04 | 18 | 1:01 |
| Runde Rad | 8.70 | 23:05 | 2:39 | 7 | 5:48 | 40 | 6:13 | 11.21 | 45:53 | 4:05 | 7 | 11:22 | 18 | 1:36 |
| Runde Rad | 8.70 | 23:36 | 2:42 | 7 | 5:44 | 37 | 5:44 | 19.91 | 1:09:29 | 3:29 | 7 | 16:01 | 18 | 2:45 |
| Wechsel Rad-Lau | 8.70 | 24:25 | 2:48 | 7 | 5:52 | 38 | 6:09 | 28.61 | 1:33:54 | 3:16 | 7 | 21:13 | 17 | 2:21 |
| Rad | 0.01 | 0:12 | 20:00 | 3 | 0:10 | 23 | 0:10 | 28.62 | 1:34:06 | 3:17 | 7 | 20:59 | 17 | 2:24 |
| Rad 000 | 28.11 | 1:17:33 | | | | | | | | | | | | |
| Runde Lauf | 2.40 | 13:57 | 5:48 | 7 | 2:33 | 33 | 13:47 | 31.02 | 1:48:03 | 3:28 | 7 | 23:32 | 17 | 0:56 |
| Runde Lauf | 2.40 | 16:00 | 6:40 | 7 | 4:09 | 40 | 6:15 | 33.42 | 2:04:03 | 3:42 | 7 | 27:41 | 17 | 2:42 |
| Lauf | 2.28 | 16:01 | 7:01 | 7 | 4:10 | 39 | 6:27 | 35.70 | 2:20:04 | 3:55 | 7 | 31:51 | 39 | 43:05 |
| Lauf 000 | 35.19 | 2:20:04 | | | | | | | | | | | | |