



# Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

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Strzeletz, Thomas

□□□: 2:35:55

□□: Volksbank Saaletal

□□: 54

□□: 35.70 km

□□□□□/□□□: 49 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

□□□□□/□: 45 (of 48)

□□□□□□: 1:36:59

□□□□:

□□□□□: 1(of 1)

Jugend männlich

□□□□□□□: 2:35:55

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| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Wechsel Schw.-R | 0.50     | 13:03    | 26:06        | 1       | -       | 36      | 4:12    | 0.50  | 13:03   | 26:06 | 1       | -       | 24      |         |
| Schwimmen       | 0.01     | 3:47     | 378:19       | 1       | -       | 42      | 3:25    | 0.51  | 16:50   | 33:00 | 1       | -       | 24      | 0:36    |
| Schwimmen □□□   | 0.51     | 16:50    |              |         |         |         |         |       |         |       |         |         |         |         |
| Runde Rad       | 2.00     | 6:50     | 3:24         | 1       | -       | 46      | 2:31    | 2.51  | 23:40   | 9:25  | 1       | -       | 24      | 1:53    |
| Runde Rad       | 8.70     | 25:59    | 2:59         | 1       | -       | 47      | 9:07    | 11.21 | 49:39   | 4:25  | 1       | -       | 24      | 5:22    |
| Runde Rad       | 8.70     | 26:37    | 3:03         | 1       | -       | 46      | 8:45    | 19.91 | 1:16:16 | 3:49  | 1       | -       | 24      | 9:32    |
| Wechsel Rad-Lau | 8.70     | 26:59    | 3:06         | 1       | -       | 45      | 8:43    | 28.61 | 1:43:15 | 3:36  | 1       | -       | 23      | 11:42   |
| Rad             | 0.01     | 0:05     | 8:19         | 1       | -       | 11      | 0:03    | 28.62 | 1:43:20 | 3:36  | 1       | -       | 23      | 11:38   |
| Rad □□□         | 28.11    | 1:26:30  |              |         |         |         |         |       |         |       |         |         |         |         |
| Runde Lauf      | 2.40     | 16:09    | 6:43         | 1       | -       | 44      | 15:59   | 31.02 | 1:59:29 | 3:51  | 1       | -       | 23      | 12:22   |
| Runde Lauf      | 2.40     | 19:02    | 7:55         | 1       | -       | 45      | 9:17    | 33.42 | 2:18:31 | 4:08  | 1       | -       | 23      | 17:10   |
| Lauf            | 2.28     | 17:24    | 7:37         | 1       | -       | 42      | 7:50    | 35.70 | 2:35:55 | 4:22  | 1       | -       | 45      | 58:56   |
| Lauf □□□        | 35.19    | 2:35:55  |              |         |         |         |         |       |         |       |         |         |         |         |