



# 5. VIA SOLUTIONS Wartburg-Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 15.09.2012

□□□□

Wartburg-Sparkasse F

□□□: 5:31:19

□□: 16

□□: 9.78 km/h

□□□□: 6:05 min/km

□□: 54.50 km

□□□□□/□□□: 16 (of 17)

VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

□□□□□/□: 2 (of 3)

□□□□□□: 5:29:41

□□□□:

□□□□□: 2(of 3)

Frauenstaffel Lauf

□□□□□□□: 5:29:41

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| □□□           | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Gumpelstadt 1 | 11.20    | 1:11:05  | 6:20         | 3       | 8:30    | 3       | 8:30    | 11.20     | 1:11:05   | 6:20          | 2       | 6:45    | 2       | 6:45    |
| Gumpelstadt 2 | 10.30    | 1:00:46  | 5:53         | 2       | 5:41    | 2       | 5:41    | 21.50     | 2:11:51   | 6:07          | 2       | 12:26   | 2       | 12:26   |
| Hubertushaus  | 11.20    | 1:07:02  | 5:59         | 2       | 1:38    | 2       | 1:38    | 32.70     | 3:18:53   | 6:04          | 2       | 14:04   | 2       | 14:04   |
| Wartburg      | 10.90    | 1:05:21  | 5:59         | 2       | 2:30    | 2       | 2:30    | 43.60     | 4:24:14   | 6:03          | 2       | 3:20    | 2       | 3:20    |
| Hubertushaus  | 10.90    | 1:07:05  | 6:09         | 1       | -       | 1       | -       | 54.50     | 5:31:19   | 6:04          | 2       | 1:38    | 2       | 1:38    |