



# 5. VIA SOLUTIONS Wartburg-Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 15.09.2012

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## Altensteiner Park vs Bärfelser Säcke Frauen: 5:53:23

□□: 17

□□: 9.17 km/h

□□□□: 6:29 min/km

□□: 54.50 km

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VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

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□□□□□: 3(of 3)

Frauenstaffel Lauf

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Gumpelstadt 1	11.20	1:02:35	5:35	1	-	1	-	11.20	1:02:35	5:35	3			3	
Gumpelstadt 2	10.30	1:00:56	5:54	3	5:51	3	5:51	21.50	2:03:31	5:44	3	4:06	3	4:06	
Hubertushaus	11.20	1:24:11	7:30	3	18:47	3	18:47	32.70	3:27:42	6:21	3	22:53	3	22:53	
Wartburg	10.90	1:02:51	5:45	1	-	1	-	43.60	4:30:33	6:12	3	9:39	3	9:39	
Hubertushaus	10.90	1:22:50	7:35	3	15:45	3	15:45	54.50	5:53:23	6:29	3	23:42	3	23:42	