



5. VIA SOLUTIONS Wartburg-Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 15.09.2012

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Erste Bärfelser Nordic Walkerinnen □□□: 8:38:53

□□: 36

□□: 54.50 km

VIA SOLUTION Wartburg-Staffel-NW (5x11 km) □□□□□/□: 4 (of 4)

□□□□:

Frauenstaffel Nordic Walking

□□: 6.24 km/h

□□□□: 9:31 min/km

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Gumpelstadt 1	11.20	1:53:49	10:09	4	25:18	4	25:18	11.20	1:53:49	10:09	3	25:18	3	25:18
Gumpelstadt 2	10.30	1:29:44	8:42	3	7:16	3	7:16	21.50	3:23:33	9:28	3	32:23	3	32:23
Hubertushaus	11.20	1:49:58	9:49	4	18:30	4	18:30	32.70	5:13:31	9:35	3	50:53	3	50:53
Wartburg	10.90	1:30:55	8:20	3	5:29	3	5:29	43.60	6:44:26	9:16	3	56:09	3	56:09
Hubertushaus	10.90	1:54:27	10:30	3	32:52	3	32:52	54.50	8:38:53	9:31	4	1:29:01	4	1:29:01