



5. Park&See-Lauf  
Hof / 06.10.2012

□□□□

**Knoth, Wolfgang**

□□: MaliCrew / Jammerlappen

□□: 375

□□: 10.00 km

Nordic Walking

□□□□:

Walking/ Nordic Walking Männer

□□□: 1:17:29

□□: 7.74 km/h

□□□□: 7:45 min/km

□□□□□/□□□: 3 (of 37)

□□□□□/□: 3 (of 11)

□□□□□□: 1:14:11

□□□□□: 3(of 11)

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