



Langenberg Marathon 2012  
Wiemeringhausen / 07.10.2012

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Lippe, Ralf

□□: Turbo-Schnecken-Lüdenscheid e.V.

□□: 139

□□: 44.00 km

Kurzdistanz

□□□□:

Senioren II

□□□: 2:16:58

□□: 19.27 km/h

□□□□□/□□□: 116 (of 461)

□□□□□/□: 114 (of 413)

□□□□□□: 1:39:58

□□□□□: 46(of 165)

□□□□□□□: 1:48:18