



Langenberg Marathon 2012  
Wiemeringhausen / 07.10.2012

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Grefrath, Norman

□□: Marathon Mülheim

□□: 558

□□: 44.00 km

Kurzdistanz

□□□□:

Senioren II

□□□: 2:33:37

□□: 17.19 km/h

□□□□□/□□□: 226 (of 461)

□□□□□/□: 211 (of 413)

□□□□□□: 1:39:58

□□□□□: 90(of 165)

□□□□□□□: 1:48:18