



Langenberg Marathon 2012
Wiemeringhausen / 07.10.2012

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Heidbreder, Manfred

□□: RSC Hochsauerland

□□: 258

□□: 44.00 km

Kurzdistanz

□□□□:

Senioren III

□□□: 2:49:35

□□: 15.57 km/h

□□□□□/□□□: 323 (of 461)

□□□□□/□: 300 (of 413)

□□□□□□: 1:39:58

□□□□□: 34(of 53)

□□□□□□□: 2:04:21