

6. Schlaubetal-Marathon 6. Schlaubetal-Maration Eisenhüttenstadt / 20.10.2012



Giesel, Torsten

□□: SV Wellmitz e.V.

□□: 430

□□: 21.25 km

Cross-Halbmarathon

Senioren M40 (40-44 Jahre)

□□□: 1:44:00

□□: 12.12 km/h

□□□□: 4:53 min/km

_____: 11 (of 141)

______: 11 (of 105)

| 1:26:42

□□□□: 4(of 20)

____: 1:37:21

	km		min/km	-	-			km		min/km	-	-		
<u> </u>	10.70	48:38	4:32	3	0:52	8	5:49	10.70	48:38	4:32	18		11	5:49
	10.55	55:22	5:14	13	7:08	36	11:29	21.25	1:44:00	4:53	4	6:39	11	17:18