

## 6. Schlaubetal-Marathon 6. Schlaubetal-Maration Eisenhüttenstadt / 20.10.2012



Schrade, Robert

□□: Berlin-Brandenburger Betonklötze

□□: 420

□□: 21.25 km

Cross-Halbmarathon

Senioren M45 (45-49 Jahre)

□□□: 1:53:54

□□: 11.06 km/h

□□□□: 5:22 min/km

\_\_\_\_\_: 54 (of 141)

\_\_\_\_\_\_\_: 51 (of 105)

[][][]: 1:26:42

□□□□: 12(of 23)

\_\_\_\_: 1:31:40

				100				

	km		min/km	-	-			km		min/km	-	-		
1	10.70	56:57	5:19	11	11:50	48	14:08	10.70	56:57	5:19	1	-	50	14:08
	10.55	56:57	5:23	12	10:24	53	13:04	21.25	1:53:54	5:21	12	22:14	51	27:12