

6. Schlaubetal-Marathon 6. SCNIaupetai-maration Eisenhüttenstadt / 20.10.2012



Schwabe, Holger

□□: Göbrichen

□□: 325

□□: 21.25 km

Cross-Halbmarathon

Senioren M40 (40-44 Jahre)

□□□: 2:02:15

□□: 10.31 km/h

□□□□: 5:45 min/km

_____: 82 (of 141)

______: 74 (of 105)

| 1:26:42

□□□□: 18(of 20)

____: 1:37:21

	km		min/km	-	-			km		min/km	-	-		
□□ 1	10.70	58:42	5:29	15	10:56	68	15:53	10.70	58:42	5:29	4	1:18	74	15:53
	10.55	1:03:33	6:01	18	15:19	75	19:40	21.25	2:02:15	5:45	18	24:54	74	35:33