



6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

□□□□

Dilling, Daniela

□□: LG Nord Berlin

□□: 600

□□: 42.35 km

Cross-Marathon

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 4:57:17

□□: 8.55 km/h

□□□□: 7:01 min/km

□□□□□/□□□: 90 (of 111)

□□□□□/□: 17 (of 22)

□□□□□□: 3:40:55

□□□□□: 1(of 2)

□□□□□□□: 4:57:17

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|--------|-------|---------|--------|----|----|----|-------|-------|---------|--------|----|----|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:10:16 | 6:03 | 1 | - | 14 | 15:06 | 11.60 | 1:10:16 | 6:03 | 1 | - | 7 | 1:50 |
| □□ 2 | 18.60 | 2:12:22 | 7:06 | 1 | - | 17 | 35:09 | 30.20 | 3:22:38 | 6:42 | 1 | - | 7 | 12:56 |
| □□ 3 | 2.50 | 20:51 | 8:20 | 1 | - | 18 | 6:25 | 32.70 | 3:43:29 | 6:50 | 1 | - | 7 | 15:40 |
| □□□ □□ | 9.65 | 1:13:48 | 7:38 | 1 | - | 16 | 21:32 | 42.35 | 4:57:17 | 7:01 | 1 | - | 17 | 1:16:22 |