



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

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Dr. Rogall, Thomas

□□: Altenburg

□□: 641

□□: 42.35 km

Cross-Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 5:03:32

□□: 8.30 km/h

□□□□: 7:10 min/km

□□□□□/□□□: 93 (of 111)

□□□□□/□: 75 (of 89)

□□□□□□: 2:56:00

□□□□□: 9(of 10)

□□□□□□□: 3:53:43

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:14:06 | 6:23 | 9 | 22:10 | 80 | 28:23 | 11.60 | 1:14:06 | 6:23 | 9 | 20:16 | 37 | 14:54 |
| □□ 2 | 18.60 | 2:15:22 | 7:16 | 9 | 40:21 | 74 | 58:34 | 30.20 | 3:29:28 | 6:56 | 9 | 1:00:37 | 35 | 35:49 |
| □□ 3 | 2.50 | 20:15 | 8:05 | 9 | 4:55 | 73 | 8:52 | 32.70 | 3:49:43 | 7:01 | 9 | 1:03:04 | 35 | 37:31 |
| □□□ □□ | 9.65 | 1:13:49 | 7:38 | 9 | 17:34 | 74 | 34:48 | 42.35 | 5:03:32 | 7:10 | 9 | 1:09:49 | 75 | 2:07:32 |