



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Schmidt-Soltau, Peer

□□□: 4:09:07

□□: 100 Marathon Club

□□: 10.12 km/h

□□: 49

□□□□: 5:55 min/km

□□: 42.18 km

□□□□□/□□□: 79 (of 305)

Marathon

□□□□□/□: 74 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 10(of 34)

Männer M30

□□□□□□□: 3:01:21

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 0.50 | 1:49 | 3:38 | 13 | 0:39 | 101 | 0:40 | 0.50 | 1:49 | 3:38 | 18 | - | - | 93 | |
| Runde | 3.47 | 18:36 | 5:21 | 12 | 4:30 | 100 | 5:05 | 3.97 | 20:25 | 5:08 | 18 | - | - | 93 | |
| Runde | 3.47 | 20:01 | 5:46 | 19 | 5:22 | 137 | 5:47 | 7.44 | 40:26 | 5:26 | 18 | - | - | 91 | |
| Runde | 3.47 | 19:34 | 5:38 | 15 | 4:48 | 104 | 16:25 | 10.91 | 1:00:00 | 5:29 | 18 | - | - | 90 | |
| Runde | 3.47 | 19:06 | 5:30 | 15 | 4:09 | 90 | 4:45 | 14.38 | 1:19:06 | 5:30 | 18 | - | - | 88 | |
| Runde | 3.47 | 19:18 | 5:33 | 13 | 4:23 | 83 | 4:53 | 17.85 | 1:38:24 | 5:30 | 18 | - | - | 87 | 4:22 |
| Runde | 3.47 | 19:31 | 5:37 | 11 | 4:33 | 69 | 4:56 | 21.32 | 1:57:55 | 5:31 | 18 | - | - | 86 | 30:47 |
| Runde | 3.47 | 20:37 | 5:56 | 12 | 6:05 | 79 | 6:05 | 24.79 | 2:18:32 | 5:35 | 18 | - | - | 86 | 36:29 |
| Runde | 3.47 | 20:53 | 6:01 | 11 | 6:28 | 71 | 6:28 | 28.26 | 2:39:25 | 5:38 | 18 | - | - | 81 | 42:08 |
| Runde | 3.47 | 21:27 | 6:10 | 9 | 6:28 | 67 | 6:28 | 31.73 | 3:00:52 | 5:42 | 18 | - | - | 79 | 47:21 |
| Runde | 3.47 | 23:03 | 6:38 | 10 | 7:36 | 85 | 7:36 | 35.20 | 3:23:55 | 5:47 | 18 | - | - | 75 | 49:45 |
| Runde | 3.47 | 22:48 | 6:34 | 8 | 6:34 | 65 | 6:56 | 38.67 | 3:46:43 | 5:51 | 18 | - | - | 74 | 1:01:35 |
| Ziel | 3.47 | 22:24 | 6:27 | 9 | 6:11 | 80 | 6:48 | 42.18 | 4:09:07 | 5:54 | 10 | 1:07:46 | - | 74 | 1:07:46 |