



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Schmidt-Soltau, Peer

□□□: 4:09:07

□□: 100 Marathon Club

□□: 10.12 km/h

□□: 49

□□□□: 5:55 min/km

□□: 42.18 km

□□□□□/□□□: 79 (of 305)

Marathon

□□□□□/□: 74 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 10(of 34)

Männer M30

□□□□□□□: 3:01:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:49	3:38	13	0:39	101	0:40	0.50	1:49	3:38	18	-	-	93	
Runde	3.47	18:36	5:21	12	4:30	100	5:05	3.97	20:25	5:08	18	-	-	93	
Runde	3.47	20:01	5:46	19	5:22	137	5:47	7.44	40:26	5:26	18	-	-	91	
Runde	3.47	19:34	5:38	15	4:48	104	16:25	10.91	1:00:00	5:29	18	-	-	90	
Runde	3.47	19:06	5:30	15	4:09	90	4:45	14.38	1:19:06	5:30	18	-	-	88	
Runde	3.47	19:18	5:33	13	4:23	83	4:53	17.85	1:38:24	5:30	18	-	-	87	4:22
Runde	3.47	19:31	5:37	11	4:33	69	4:56	21.32	1:57:55	5:31	18	-	-	86	30:47
Runde	3.47	20:37	5:56	12	6:05	79	6:05	24.79	2:18:32	5:35	18	-	-	86	36:29
Runde	3.47	20:53	6:01	11	6:28	71	6:28	28.26	2:39:25	5:38	18	-	-	81	42:08
Runde	3.47	21:27	6:10	9	6:28	67	6:28	31.73	3:00:52	5:42	18	-	-	79	47:21
Runde	3.47	23:03	6:38	10	7:36	85	7:36	35.20	3:23:55	5:47	18	-	-	75	49:45
Runde	3.47	22:48	6:34	8	6:34	65	6:56	38.67	3:46:43	5:51	18	-	-	74	1:01:35
Ziel	3.47	22:24	6:27	9	6:11	80	6:48	42.18	4:09:07	5:54	10	1:07:46	-	74	1:07:46