



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Schwarzenberg, Frank

□□□: 4:11:26

□□: Heidetreter Nordsachen

□□: 10.02 km/h

□□: 191

□□□□: 5:58 min/km

□□: 42.18 km

□□□□□/□□□: 85 (of 305)

Marathon

□□□□□/□: 80 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 9(of 47)

Männer M50

□□□□□□□: 3:13:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:01	4:01	18	0:50	142	0:52	0.50	2:01	4:01	25	0:03	52		
Runde	3.47	18:43	5:23	12	3:37	104	5:12	3.97	20:44	5:13	25	0:12	98		
Runde	3.47	19:36	5:38	14	4:46	118	5:22	7.44	40:20	5:25	35		7		
Runde	3.47	20:21	5:51	16	5:24	151	17:12	10.91	1:00:41	5:33	35		95		
Runde	3.47	20:18	5:51	16	5:11	129	5:57	14.38	1:20:59	5:37	34		93		
Runde	3.47	19:47	5:42	11	4:19	95	5:22	17.85	1:40:46	5:38	34		92	6:44	
Runde	3.47	19:44	5:41	10	4:18	85	5:09	21.32	2:00:30	5:39	34		91	33:22	
Runde	3.47	20:55	6:01	10	5:28	91	6:23	24.79	2:21:25	5:42	34		91	39:22	
Runde	3.47	20:56	6:01	8	5:01	75	6:31	28.26	2:42:21	5:44	32		86	45:04	
Runde	3.47	21:46	6:16	10	5:23	73	6:47	31.73	3:04:07	5:48	31		84	50:36	
Runde	3.47	22:37	6:31	12	5:37	79	7:10	35.20	3:26:44	5:52	31		80	52:34	
Runde	3.47	22:34	6:30	9	4:48	62	6:42	38.67	3:49:18	5:55	31		79	1:04:10	
Ziel	3.47	22:08	6:22	14	3:39	74	6:32	42.18	4:11:26	5:57	9	58:11	80	1:10:05	