



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Panzer, Alexander

□□□: 4:13:59

□□: Neckarwestheim

□□: 9.92 km/h

□□: 130

□□□□: 6:01 min/km

□□: 42.18 km

□□□□□/□□□: 90 (of 305)

Marathon

□□□□□/□: 85 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 12(of 34)

Männer M30

□□□□□□□: 3:01:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:13	4:26	24	1:03	187	1:04	0.50	2:13	4:26	29	-	-	104	
Runde	3.47	19:48	5:42	18	5:42	146	6:17	3.97	22:01	5:32	6	-	-	104	
Runde	3.47	19:49	5:42	18	5:10	131	5:35	7.44	41:50	5:37	29	-	-	102	
Runde	3.47	19:39	5:39	17	4:53	113	16:30	10.91	1:01:29	5:38	29	-	-	101	
Runde	3.47	18:51	5:25	12	3:54	81	4:30	14.38	1:20:20	5:35	29	-	-	99	
Runde	3.47	18:30	5:19	8	3:35	57	4:05	17.85	1:38:50	5:32	29	-	-	98	4:48
Runde	3.47	19:34	5:38	12	4:36	72	4:59	21.32	1:58:24	5:33	29	-	-	97	31:16
Runde	3.47	19:13	5:32	8	4:41	46	4:41	24.79	2:17:37	5:33	29	-	-	97	35:34
Runde	3.47	19:44	5:41	7	5:19	47	5:19	28.26	2:37:21	5:34	29	-	-	92	40:04
Runde	3.47	20:26	5:53	6	5:27	48	5:27	31.73	2:57:47	5:36	29	-	-	90	44:16
Runde	3.47	22:58	6:37	9	7:31	83	7:31	35.20	3:20:45	5:42	29	-	-	86	46:35
Runde	3.47	24:50	7:09	15	8:36	120	8:58	38.67	3:45:35	5:50	29	-	-	85	1:00:27
Ziel	3.47	28:24	8:11	26	12:11	200	12:48	42.18	4:13:59	6:01	12	1:12:38	-	85	1:12:38