



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

0000

Wild, Matthias

000: 2:04:20

00: Go for Rinthoim

00: 10.13 km/h

00: 316

0000: 5:50 min/km

00: 21.34 km

00000/000: 8 (of 44)

Halbmarathon

00000/0: 8 (of 34)

000000: 1:33:28

0000:

00000: 4(of 12)

Männer M45

0000000: 1:33:28

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	2:37	5:14	11	1:28	28	1:28	0.50	2:37	5:14	4	1:28	25	0:58
Runde	3.47	20:19	5:51	6	6:18	15	6:18	3.97	22:56	5:46	4	7:46	25	3:42
Runde	3.47	19:33	5:38	5	5:02	10	5:02	7.44	42:29	5:42	4	12:48	25	4:40
Runde	3.47	29:44	8:34	12	15:02	34	15:02	10.91	1:12:13	6:37	4	27:18	25	15:02
Runde	3.47	25:07	7:14	11	10:27	30	10:27	14.38	1:37:20	6:46	4	36:44	25	20:28
Runde	3.47	27:00	7:46	10	11:44	28	11:44	17.85	2:04:20	6:57	4	47:34	25	26:15
Ziel	3.47	-	-	12		32		21.34	2:04:20	5:49	4	30:52	8	30:52