



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Ansorg, Sven

□□: Erfurt
□□: 249

□□: 42.18 km
Marathon

□□□□:
Männer M35

□□□: 4:14:44

□□: 9.89 km/h
□□□□: 6:02 min/km

□□□□□/□□□□: 95 (of 305)

□□□□□/□: 89 (of 271)

□□□□□□: 3:01:21

□□□□□: 12(of 32)

□□□□□□□: 3:05:20

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:49	3:38	14	0:40	101	0:40	0.50	1:49	3:38	14	-	-	93	
Runde	3.47	18:24	5:18	11	4:11	91	4:53	3.97	20:13	5:05	21	-	-	108	
Runde	3.47	18:53	5:26	12	4:26	100	4:39	7.44	39:06	5:15	21	-	-	106	
Runde	3.47	19:11	5:31	12	4:19	93	16:02	10.91	58:17	5:20	21	-	-	105	
Runde	3.47	18:58	5:27	10	3:49	88	4:37	14.38	1:17:15	5:22	21	-	-	103	
Runde	3.47	19:03	5:29	9	3:39	74	4:38	17.85	1:36:18	5:23	21	-	-	102	2:16
Runde	3.47	19:40	5:40	11	4:03	82	5:05	21.32	1:55:58	5:26	21	-	-	101	28:50
Runde	3.47	20:30	5:54	10	5:00	76	5:58	24.79	2:16:28	5:30	21	-	-	101	34:25
Runde	3.47	22:07	6:22	13	6:20	110	7:42	28.26	2:38:35	5:36	21	-	-	96	41:18
Runde	3.47	21:59	6:20	10	6:16	78	7:00	31.73	3:00:34	5:41	21	-	-	94	47:03
Runde	3.47	23:32	6:46	15	7:45	106	8:05	35.20	3:24:06	5:47	21	-	-	90	49:56
Runde	3.47	24:32	7:04	16	8:40	111	8:40	38.67	3:48:38	5:54	21	-	-	89	1:03:30
Ziel	3.47	26:06	7:31	24	10:30	166	10:30	42.18	4:14:44	6:02	12	1:09:24	-	89	1:13:23