



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

0000

Vögtle, Manuel

000: 4:28:13

00: Aidlingen

00: 9.40 km/h

00: 95

0000: 6:22 min/km

00: 42.18 km

00000/000: 138 (of 305)

Marathon

00000/0: 130 (of 271)

000000: 3:01:21

0000:

00000: 20(of 34)

Männer M30

0000000: 3:01:21

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	2:24	4:47	31	1:14	217	1:15	0.50	2:24	4:47	4		150	
Runde	3.47	22:11	6:23	32	8:05	235	8:40	3.97	24:35	6:11	4	0:38	150	
Runde	3.47	21:03	6:03	25	6:24	185	6:49	7.44	45:38	6:08	4	0:27	148	1:04
Runde	3.47	20:00	5:45	20	5:14	132	16:51	10.91	1:05:38	6:00	4		147	
Runde	3.47	20:46	5:59	23	5:49	152	6:25	14.38	1:26:24	6:00	4		145	
Runde	3.47	20:23	5:52	19	5:28	117	5:58	17.85	1:46:47	5:58	4		144	12:45
Runde	3.47	20:58	6:02	18	6:00	120	6:23	21.32	2:07:45	5:59	4		143	40:37
Runde	3.47	21:29	6:11	17	6:57	112	6:57	24.79	2:29:14	6:01	4		143	47:11
Runde	3.47	21:18	6:08	12	6:53	80	6:53	28.26	2:50:32	6:02	4		138	53:15
Runde	3.47	22:02	6:20	12	7:03	81	7:03	31.73	3:12:34	6:04	4		136	59:03
Runde	3.47	23:39	6:48	13	8:12	112	8:12	35.20	3:36:13	6:08	4		132	1:02:03
Runde	3.47	24:34	7:04	13	8:20	112	8:42	38.67	4:00:47	6:13	4		131	1:15:39
Ziel	3.47	27:26	7:54	25	11:13	185	11:50	42.18	4:28:13	6:21	20	1:26:52	130	1:26:52