



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Schmidt, Marcus

□□□: 4:30:28

□□: Salzige So(h)le

□□: 9.32 km/h

□□: 16

□□□□: 6:25 min/km

□□: 42.18 km

□□□□□/□□□: 148 (of 305)

Marathon

□□□□□/□: 139 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 14(of 23)

Männer M20

□□□□□□□: 3:15:22

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	0.50	2:03	4:05	15	0:54	149	0:54	0.50	2:03	4:05	8	0:26	10	
Runde	3.47	21:52	6:18	19	8:13	226	8:21	3.97	23:55	6:01	8	3:00	159	
Runde	3.47	23:14	6:41	22	8:58	250	9:00	7.44	47:09	6:20	8	5:51	157	2:35
Runde	3.47	23:06	6:39	21	8:49	238	19:57	10.91	1:10:15	6:26	8	9:15	156	2:21
Runde	3.47	22:56	6:36	21	8:31	215	8:35	14.38	1:33:11	6:28	8	11:55	154	
Runde	3.47	22:39	6:31	18	8:14	204	8:14	17.85	1:55:50	6:29	8	14:33	153	21:48
Runde	3.47	23:32	6:46	19	8:57	208	8:57	21.32	2:19:22	6:32	8	17:59	152	52:14
Runde	3.47	22:32	6:29	17	7:37	149	8:00	24.79	2:41:54	6:31	8	20:26	152	59:51
Runde	3.47	21:06	6:04	11	5:52	76	6:41	28.26	3:03:00	6:28	8	21:45	147	1:05:43
Runde	3.47	22:33	6:29	11	6:19	100	7:34	31.73	3:25:33	6:28	8	21:34	145	1:12:02
Runde	3.47	22:20	6:26	9	4:39	67	6:53	35.20	3:47:53	6:28	8	13:40	141	1:13:43
Runde	3.47	21:52	6:18	10	3:29	55	6:00	38.67	4:09:45	6:27	8	11:49	140	1:24:37
Ziel	3.47	20:43	5:58	9	4:36	43	5:07	42.18	4:30:28	6:24	14	1:15:06	139	1:29:07