



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Flecks, Micky

□□: WSC Goldener Grund  
 □□: 379

□□: 42.18 km  
 Marathon

□□□□:  
 Männer M50

□□□: 4:32:08

□□: 9.30 km/h  
 □□□□: 6:27 min/km

□□□□□/□□□: 157 (of 305)

□□□□□/□: 147 (of 271)

□□□□□□: 3:01:21

□□□□□: 21(of 47)

□□□□□□□: 3:13:15

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	0.50	2:20	4:40	31	1:09	201	1:11	0.50	2:20	4:40	2	0:22	144	
Runde	3.47	21:26	6:10	34	6:20	213	7:55	3.97	23:46	5:59	2	3:14	167	
Runde	3.47	22:00	6:20	37	7:10	221	7:46	7.44	45:46	6:09	13	4:42	165	1:12
Runde	3.47	22:05	6:21	33	7:08	207	18:56	10.91	1:07:51	6:13	13	5:24	164	
Runde	3.47	21:26	6:10	24	6:19	167	7:05	14.38	1:29:17	6:12	13	4:37	162	
Runde	3.47	21:35	6:13	20	6:07	164	7:10	17.85	1:50:52	6:12	13	3:33	161	16:50
Runde	3.47	22:32	6:29	27	7:06	182	7:57	21.32	2:13:24	6:15	13	2:27	160	46:16
Runde	3.47	23:23	6:44	30	7:56	190	8:51	24.79	2:36:47	6:19	13	1:45	160	54:44
Runde	3.47	23:36	6:48	25	7:41	162	9:11	28.26	3:00:23	6:22	44		155	1:03:06
Runde	3.47	23:54	6:53	21	7:31	133	8:55	31.73	3:24:17	6:26	43		153	1:10:46
Runde	3.47	23:24	6:44	18	6:24	97	7:57	35.20	3:47:41	6:28	43		149	1:13:31
Runde	3.47	23:05	6:39	13	5:19	73	7:13	38.67	4:10:46	6:29	43		148	1:25:38
Ziel	3.47	21:22	6:09	10	2:53	57	5:46	42.18	4:32:08	6:27	21	1:18:53	147	1:30:47