



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Weßeler, Markus

000: 4:35:03

00: Vorwärts Köln

00: 9.16 km/h

00: 279

0000: 6:31 min/km

00: 42.18 km

00000/000: 172 (of 305)

Marathon

00000/0: 160 (of 271)

000000: 3:01:21

0000:

00000: 35(of 57)

Männer M45

0000000: 3:07:03

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	2:05	4:10	37	0:56	161	0:56	0.50	2:05	4:10	13		75	
Runde	3.47	19:40	5:40	36	6:09	139	6:09	3.97	21:45	5:28	13	0:04	90	
Runde	3.47	21:22	6:09	46	7:06	194	7:08	7.44	43:07	5:47	12	2:47	119	
Runde	3.47	20:51	6:00	40	17:42	168	17:42	10.91	1:03:58	5:51	12	4:23	178	
Runde	3.47	21:52	6:18	39	7:00	183	7:31	14.38	1:25:50	5:58	12	6:34	176	
Runde	3.47	21:52	6:18	37	7:04	176	7:27	17.85	1:47:42	6:02	12	7:49	175	13:40
Runde	3.47	22:28	6:28	38	7:32	179	7:53	21.32	2:10:10	6:06	12	8:42	174	43:02
Runde	3.47	22:16	6:25	32	7:06	139	7:44	24.79	2:32:26	6:08	12	7:47	174	50:23
Runde	3.47	23:28	6:45	33	7:38	156	9:03	28.26	2:55:54	6:13	10		169	58:37
Runde	3.47	24:06	6:56	33	7:52	142	9:07	31.73	3:20:00	6:18	10		167	1:06:29
Runde	3.47	25:50	7:26	36	9:08	166	10:23	35.20	3:45:50	6:24	10		162	1:11:40
Runde	3.47	24:30	7:03	23	7:13	109	8:38	38.67	4:10:20	6:28	10		161	1:25:12
Ziel	3.47	24:43	7:07	27	7:18	130	9:07	42.18	4:35:03	6:31	35	1:28:00	160	1:33:42