



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Jannasch-Fleischer, Bianka

□□□: 4:37:30

□□: LT Nauen-Falkensee

□□: 9.08 km/h

□□: 32

□□□□: 6:35 min/km

□□: 42.18 km

□□□□□/□□□: 179 (of 305)

Marathon

□□□□□/□: 13 (of 34)

□□□□□□: 3:41:58

□□□□:

□□□□□: 1(of 1)

Frauen W55

□□□□□□□: 4:37:30

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:38	3:15	1	-	8	0:24	0.50	1:38	3:15	1	-	33		
Runde	3.47	20:50	6:00	1	-	17	3:47	3.97	22:28	5:39	1	-	33		
Runde	3.47	21:43	6:15	1	-	18	21:25	7.44	44:11	5:56	1	-	33		
Runde	3.47	22:27	6:28	1	-	19	21:44	10.91	1:06:38	6:06	1	-	33		
Runde	3.47	22:06	6:22	1	-	16	21:10	14.38	1:28:44	6:10	1	-	33		
Runde	3.47	22:31	6:29	1	-	15	4:28	17.85	1:51:15	6:13	1	-	20		
Runde	3.47	23:16	6:42	1	-	16	4:44	21.32	2:14:31	6:18	1	-	20		
Runde	3.47	23:45	6:50	1	-	15	5:27	24.79	2:38:16	6:23	1	-	20		
Runde	3.47	24:30	7:03	1	-	17	5:42	28.26	3:02:46	6:28	1	-	20		
Runde	3.47	24:13	6:58	1	-	12	5:27	31.73	3:26:59	6:31	1	-	20		
Runde	3.47	24:17	6:59	1	-	11	5:09	35.20	3:51:16	6:34	1	-	20		
Runde	3.47	24:25	7:02	1	-	10	5:36	38.67	4:15:41	6:36	1	-	20		
Ziel	3.47	21:49	6:17	1	-	7	21:22	42.18	4:37:30	6:34	1	-	13	55:32	