



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

0000

Szpakowska, Agnieszka

000: 4:40:05

00: Vorwärts Köln

00: 9.04 km/h

00: 20

0000: 6:38 min/km

00: 42.18 km

00000/000: 186 (of 305)

Marathon

00000/0: 15 (of 34)

000000: 3:41:58

0000:

00000: 3(of 6)

Frauen W30

0000000: 4:14:12

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| 000   | 00   | 00    | 00     | 00 | 00   | 00 | 00    | 000   | 000     | 000    | 00 | 00    | 00 | 00    |
|-------|------|-------|--------|----|------|----|-------|-------|---------|--------|----|-------|----|-------|
|       | km   | 00    | min/km | -  | -    | 0  | 0     | km    | 00      | min/km | -  | -     | 0  | 0     |
| Runde | 0.50 | 1:29  | 2:58   | 1  | -    | 2  | 0:15  | 0.50  | 1:29    | 2:58   | 3  | -     | 10 |       |
| Runde | 3.47 | 20:15 | 5:50   | 2  | 0:14 | 13 | 3:12  | 3.97  | 21:44   | 5:28   | 3  | -     | 10 |       |
| Runde | 3.47 | 22:02 | 6:20   | 3  | 2:39 | 20 | 21:44 | 7.44  | 43:46   | 5:52   | 3  | 2:11  | 10 |       |
| Runde | 3.47 | 23:00 | 6:37   | 5  | 3:56 | 23 | 22:17 | 10.91 | 1:06:46 | 6:07   | 3  | 6:07  | 10 |       |
| Runde | 3.47 | 23:02 | 6:38   | 5  | 4:15 | 22 | 22:06 | 14.38 | 1:29:48 | 6:14   | 3  | 10:22 | 10 |       |
| Runde | 3.47 | 23:51 | 6:52   | 5  | 4:36 | 23 | 5:48  | 17.85 | 1:53:39 | 6:22   | 3  | 14:58 | 10 |       |
| Runde | 3.47 | 23:49 | 6:51   | 4  | 3:38 | 18 | 5:17  | 21.32 | 2:17:28 | 6:26   | 3  | 18:36 | 10 |       |
| Runde | 3.47 | 23:56 | 6:53   | 4  | 2:46 | 16 | 5:38  | 24.79 | 2:41:24 | 6:30   | 3  | 21:22 | 10 |       |
| Runde | 3.47 | 24:32 | 7:04   | 4  | 2:53 | 18 | 5:44  | 28.26 | 3:05:56 | 6:34   | 3  | 24:15 | 18 | 1:06  |
| Runde | 3.47 | 23:24 | 6:44   | 2  | 1:35 | 8  | 4:38  | 31.73 | 3:29:20 | 6:35   | 3  | 25:50 | 18 |       |
| Runde | 3.47 | 23:05 | 6:39   | 2  | 0:05 | 7  | 3:57  | 35.20 | 3:52:25 | 6:36   | 3  | 25:55 | 18 |       |
| Runde | 3.47 | 23:12 | 6:41   | 1  | -    | 6  | 4:23  | 38.67 | 4:15:37 | 6:36   | 3  | 24:50 | 18 |       |
| Ziel  | 3.47 | 24:28 | 7:03   | 4  | 2:37 | 15 | 24:01 | 42.18 | 4:40:05 | 6:38   | 3  | 25:53 | 15 | 58:07 |