



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Matthiesen, Claudia

□□□: 2:20:36

□□: Köln

□□: 9.11 km/h

□□: 393

□□□□: 6:35 min/km

□□: 21.34 km

□□□□□/□□□: 21 (of 44)

Halbmarathon

□□□□□/□: 1 (of 10)

□□□□□□: 2:20:36

□□□□:

□□□□□: 1(of 2)

Frauen W40

□□□□□□□: 2:20:36

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 0.50 | 1:55 | 3:50 | 1 | - | 2 | 0:07 | 0.50 | 1:55 | 3:50 | 1 | - | 1 | - |
| Runde | 3.47 | 22:25 | 6:27 | 1 | - | 4 | 2:01 | 3.97 | 24:20 | 6:07 | 1 | - | 1 | - |
| Runde | 3.47 | 22:53 | 6:35 | 1 | - | 5 | 2:15 | 7.44 | 47:13 | 6:20 | 1 | - | 1 | - |
| Runde | 3.47 | 23:10 | 6:40 | 1 | - | 5 | 0:55 | 10.91 | 1:10:23 | 6:27 | 1 | - | 1 | - |
| Runde | 3.47 | 23:42 | 6:49 | 1 | - | 1 | - | 14.38 | 1:34:05 | 6:32 | 1 | - | 1 | - |
| Runde | 3.47 | 23:12 | 6:41 | 1 | - | 2 | 0:24 | 17.85 | 1:57:17 | 6:34 | 1 | - | 1 | - |
| Ziel | 3.47 | 23:19 | 6:43 | 1 | - | 1 | - | 21.34 | 2:20:36 | 6:35 | 1 | - | 1 | - |