



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Bütow, Jan

□□: LaufForum
□□: 67

□□: 42.18 km
Marathon

□□□□:
Männer M35

□□□: 4:52:50

□□: 8.61 km/h
□□□□: 6:56 min/km

□□□□□/□□□: 224 (of 305)

□□□□□/□: 204 (of 271)

□□□□□□: 3:01:21

□□□□□: 25(of 32)

□□□□□□□: 3:05:20

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Runde | 0.50 | 2:22 | 4:44 | 23 | 1:13 | 208 | 1:13 | 0.50 | 2:22 | 4:44 | 3 | 0:22 | 225 | |
| Runde | 3.47 | 21:35 | 6:13 | 25 | 7:22 | 218 | 8:04 | 3.97 | 23:57 | 6:01 | 8 | 2:25 | 192 | |
| Runde | 3.47 | 21:09 | 6:05 | 24 | 6:42 | 189 | 6:55 | 7.44 | 45:06 | 6:03 | 8 | 3:23 | 2 | 0:32 |
| Runde | 3.47 | 21:19 | 6:08 | 24 | 6:27 | 186 | 18:10 | 10.91 | 1:06:25 | 6:05 | 8 | 4:39 | 189 | |
| Runde | 3.47 | 21:36 | 6:13 | 24 | 6:27 | 173 | 7:15 | 14.38 | 1:28:01 | 6:07 | 8 | 4:47 | 220 | |
| Runde | 3.47 | 22:07 | 6:22 | 24 | 6:43 | 186 | 7:42 | 17.85 | 1:50:08 | 6:10 | 8 | 5:47 | 186 | 16:06 |
| Runde | 3.47 | 21:45 | 6:16 | 21 | 6:08 | 151 | 7:10 | 21.32 | 2:11:53 | 6:11 | 8 | 5:47 | 218 | 44:45 |
| Runde | 3.47 | 22:03 | 6:21 | 17 | 6:33 | 131 | 7:31 | 24.79 | 2:33:56 | 6:12 | 8 | 4:59 | 218 | 51:53 |
| Runde | 3.47 | 23:24 | 6:44 | 19 | 7:37 | 151 | 8:59 | 28.26 | 2:57:20 | 6:16 | 8 | 5:09 | 180 | 1:00:03 |
| Runde | 3.47 | 26:28 | 7:37 | 25 | 10:45 | 200 | 11:29 | 31.73 | 3:23:48 | 6:25 | 8 | 6:45 | 211 | 1:10:17 |
| Runde | 3.47 | 31:58 | 9:12 | 30 | 16:11 | 240 | 16:31 | 35.20 | 3:55:46 | 6:41 | 8 | 17:36 | 206 | 1:21:36 |
| Runde | 3.47 | 29:17 | 8:26 | 26 | 13:25 | 212 | 13:25 | 38.67 | 4:25:03 | 6:51 | 8 | 24:26 | 205 | 1:39:55 |
| Ziel | 3.47 | 27:47 | 8:00 | 27 | 12:11 | 189 | 12:11 | 42.18 | 4:52:50 | 6:56 | 25 | 1:47:30 | 204 | 1:51:29 |