



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Liebich, Fred

□□: SSV Hohen Neuendorf  
 □□: 225

□□: 42.18 km  
 Marathon

□□□□:  
 Männer M55

□□□: 5:13:32

□□: 8.04 km/h  
 □□□□: 7:26 min/km

□□□□□/□□□: 250 (of 305)

□□□□□/□: 224 (of 271)

□□□□□□: 3:01:21

□□□□□: 10(of 12)

□□□□□□□: 3:17:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:41	5:21	12	1:26	261	1:32	0.50	2:41	5:21	10	1:26	244	0:10
Runde	3.47	22:43	6:32	9	7:30	246	9:12	3.97	25:24	6:23	10	8:56	245	
Runde	3.47	23:05	6:39	9	7:39	247	8:51	7.44	48:29	6:30	10	16:35	243	3:55
Runde	3.47	23:04	6:38	9	7:14	236	19:55	10.91	1:11:33	6:33	10	23:49	242	3:39
Runde	3.47	23:19	6:43	8	7:08	225	8:58	14.38	1:34:52	6:35	10	30:57	240	
Runde	3.47	23:59	6:54	9	7:45	228	9:34	17.85	1:58:51	6:39	10	38:42	239	24:49
Runde	3.47	25:24	7:19	10	8:56	236	10:49	21.32	2:24:15	6:45	10	47:38	238	57:07
Runde	3.47	27:14	7:50	10	10:38	237	12:42	24.79	2:51:29	6:55	10	58:16	238	1:09:26
Runde	3.47	28:01	8:04	11	10:58	232	13:36	28.26	3:19:30	7:03	10	1:09:14	233	1:22:13
Runde	3.47	28:41	8:15	11	11:32	228	13:42	31.73	3:48:11	7:11	10	1:20:46	231	1:34:40
Runde	3.47	28:40	8:15	10	11:10	212	13:13	35.20	4:16:51	7:17	10	1:31:56	226	1:42:41
Runde	3.47	29:33	8:30	12	13:08	217	13:41	38.67	4:46:24	7:24	10	1:45:04	225	2:01:16
Ziel	3.47	27:08	7:49	9	10:32	182	11:32	42.18	5:13:32	7:25	10	1:55:36	224	2:12:11