



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Heide, Patrick

00: SG Bernwardswiese
00: 12

00: 42.18 km
Marathon

0000:
Männer M20

000: 3:15:22

00: 12.90 km/h
0000: 4:38 min/km

00000/0000: 8 (of 305)

00000/0: 8 (of 271)

000000: 3:01:21

00000: 1(of 23)

0000000: 3:15:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	1:22	2:44	5	0:13	31	0:13	0.50	1:22	2:44	21	-	26	
Runde	3.47	14:59	4:19	7	1:20	19	1:28	3.97	16:21	4:07	21	-	26	
Runde	3.47	14:58	4:18	3	0:42	10	0:44	7.44	31:19	4:12	21	-	24	
Runde	3.47	15:05	4:20	3	0:48	11	11:56	10.91	46:24	4:15	21	-	9	
Runde	3.47	15:10	4:22	2	0:45	8	0:49	14.38	1:01:34	4:16	21	-	21	
Runde	3.47	15:15	4:23	2	0:50	6	0:50	17.85	1:16:49	4:18	21	-	18	
Runde	3.47	15:26	4:26	2	0:51	6	0:51	21.32	1:32:15	4:19	21	-	17	5:07
Runde	3.47	15:19	4:24	2	0:24	5	0:47	24.79	1:47:34	4:20	21	-	19	5:31
Runde	3.47	15:56	4:35	2	0:42	8	1:31	28.26	2:03:30	4:22	21	-	14	6:13
Runde	3.47	16:25	4:43	2	0:11	7	1:26	31.73	2:19:55	4:24	21	-	12	6:24
Runde	3.47	17:41	5:05	1	-	9	2:14	35.20	2:37:36	4:28	21	-	9	3:26
Runde	3.47	19:01	5:28	4	0:38	16	3:09	38.67	2:56:37	4:34	11	-	8	11:29
Ziel	3.47	18:45	5:24	3	2:38	16	3:09	42.18	3:15:22	4:37	1	-	8	14:01