



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Luithle, Andreas

□□□: 3:36:41

□□: Gemmrigheim

□□: 11.63 km/h

□□: 100

□□□□: 5:08 min/km

□□: 42.18 km

□□□□□/□□□: 22 (of 305)

Marathon

□□□□□/□: 22 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 7(of 57)

Männer M45

□□□□□□□: 3:07:03

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:27	2:53	9	0:18	41	0:18	0.50	1:27	2:53	42	-	-	41	
Runde	3.47	15:38	4:30	6	2:07	30	2:07	3.97	17:05	4:18	42	-	-	41	
Runde	3.47	16:17	4:41	7	2:01	30	2:03	7.44	33:22	4:29	40	-	-	39	
Runde	3.47	16:44	4:49	8	13:35	31	13:35	10.91	50:06	4:35	40	-	-	38	
Runde	3.47	17:05	4:55	9	2:13	31	2:44	14.38	1:07:11	4:40	40	-	-	36	
Runde	3.47	17:29	5:02	9	2:41	34	3:04	17.85	1:24:40	4:44	39	-	-	35	
Runde	3.47	17:40	5:05	9	2:44	30	3:05	21.32	1:42:20	4:47	39	-	-	34	15:12
Runde	3.47	17:50	5:08	7	2:40	22	3:18	24.79	2:00:10	4:50	39	-	-	34	18:07
Runde	3.47	18:42	5:23	9	2:52	27	4:17	28.26	2:18:52	4:54	34	-	-	29	21:35
Runde	3.47	19:22	5:34	10	3:08	31	4:23	31.73	2:38:14	4:59	34	-	-	27	24:43
Runde	3.47	19:30	5:37	6	2:48	22	4:03	35.20	2:57:44	5:02	33	-	-	23	23:34
Runde	3.47	19:46	5:41	7	2:29	22	3:54	38.67	3:17:30	5:06	33	-	-	22	32:22
Ziel	3.47	19:11	5:31	6	1:46	22	3:35	42.18	3:36:41	5:08	7	29:38	-	22	35:20