



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Janke, Kai

Team: TSSC Erfurt

Bib: 1179

Distance: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Time: 50:13

Speed: 11.95 km/h

Pace: 5:01 min/km

Rank: 341 (of 686)

Rank: 309 (of 543)

Rank: 29:39

Rank: 13 (of 20)

Rank: 32:24

Results

Results

Results

km	Time	Pace	Rank	km	Time	Pace	Rank
2.00	10:08	5:03	12	2.00	10:08	5:03	14
4.00	20:01	5:00	14	4.00	20:01	5:00	14
6.00	30:09	5:01	14	6.00	30:09	5:01	14
8.00	40:22	5:02	7	8.00	40:22	5:02	7
10.00	50:13	5:01	13	10.00	50:13	5:01	13