



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Krämer, Daniel

00: Wallerfangen

00: 116

00: 22.75 km

Halbmarathon

0000:

Männer (20-29 Jahre)

000: 2:03:49

00: 10.66 km/h

0000: 5:26 min/km

00000/000: 51 (of 128)

00000/0: 48 (of 109)

000000: 1:26:57

00000: 3(of 6)

0000000: 1:42:10

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:10	4:58	4	3:08	35	3:54	3.25	16:10	4:58	4	3:08	53	16:10
00 2	3.25	15:30	4:46	3	1:27	26	3:13	6.50	31:40	4:52	4	4:35	53	31:40
00 3	3.25	16:12	4:59	2	0:06	27	4:01	9.75	47:52	4:54	3	4:41	50	47:52
00 4	3.25	17:20	5:19	3	3:38	47	5:08	13.00	1:05:12	5:00	3	8:19	49	1:05:12
00 5	3.25	17:28	5:22	3	2:35	42	4:53	16.25	1:22:40	5:05	3	10:54	48	1:07:51
00 6	3.25	19:43	6:03	4	4:30	74	7:05	19.50	1:42:23	5:15	3	15:24	47	1:09:43
000 00	3.25	21:26	6:35	5	6:15	84	21:01	22.75	2:03:49	5:26	4	1:19:25	54	1:19:25