



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Kümmel, Stephan

□□□: 3:35:31

□□: LG Priestewitz

□□: 11.69 km/h

□□: 552

□□□□: 5:06 min/km

□□: 42.25 km

□□□□□/□□□: 24 (of 148)

Marathon

□□□□□/□: 24 (of 130)

□□□□□□: 2:45:50

□□□□:

□□□□□: 3(of 28)

Senioren M45 (45-49 Jahre)

□□□□□□□: 2:59:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:04	4:38	3	2:20	36	2:48	3.25	15:04	4:38	27	-	-	27	2:16
□□ 2	3.25	15:22	4:43	5	2:28	36	2:44	6.50	30:26	4:40	27	-	-	2	4:14
□□ 3	3.25	15:47	4:51	7	2:34	41	3:16	9.75	46:13	4:44	27	-	-	27	5:56
□□ 4	3.25	15:49	4:51	7	2:18	37	3:18	13.00	1:02:02	4:46	27	-	-	27	7:14
□□ 5	3.25	15:54	4:53	5	2:23	31	3:17	16.25	1:17:56	4:47	27	-	-	2	8:05
□□ 6	3.25	15:48	4:51	3	2:08	24	3:10	19.50	1:33:44	4:48	27	-	-	2	7:02
□□ 7	3.25	15:53	4:53	4	2:10	25	3:13	22.75	1:49:37	4:49	27	-	-	2	4:57
□□ 8	3.25	16:18	5:00	3	2:29	25	3:41	26.00	2:05:55	4:50	27	-	-	26	0:01
□□ 9	3.25	16:58	5:13	3	2:58	26	4:15	29.25	2:22:53	4:53	27	-	-	26	0:02
□□ 10	3.25	17:44	5:27	5	3:24	33	4:55	32.50	2:40:37	4:56	26	-	-	26	
□□ 11	3.25	18:40	5:44	6	4:02	38	5:38	35.75	2:59:17	5:00	26	-	-	26	
□□ 12	3.25	19:07	5:52	7	4:08	43	5:43	39.00	3:18:24	5:05	26	-	-	25	
□□□ □□	3.25	17:07	5:15	4	2:26	24	16:50	42.25	3:35:31	5:06	3	35:48	27	3:15:20	