



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Fink, Ernst

□□: Vitalabo

□□: 639

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:39:31

□□: 11.55 km/h

□□□□: 5:12 min/km

□□□□□/□□□: 31 (of 148)

□□□□□/□: 31 (of 130)

□□□□□□: 2:45:50

□□□□□: 6(of 28)

□□□□□□□: 2:59:43

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 15:20    | 4:43         | 7       | 2:36    | 43      | 3:04    | 3.25  | 15:20     | 4:43      | 24            | -       | -       | 34      | 2:32    |
| □□ 2   | 3.25     | 15:46    | 4:51         | 8       | 2:52    | 44      | 3:08    | 6.50  | 31:06     | 4:47      | 24            | -       | -       | 34      | 4:54    |
| □□ 3   | 3.25     | 16:03    | 4:56         | 8       | 2:50    | 48      | 3:32    | 9.75  | 47:09     | 4:50      | 24            | -       | -       | 34      | 6:52    |
| □□ 4   | 3.25     | 15:57    | 4:54         | 8       | 2:26    | 40      | 3:26    | 13.00 | 1:03:06   | 4:51      | 24            | -       | -       | 34      | 8:18    |
| □□ 5   | 3.25     | 15:57    | 4:54         | 7       | 2:26    | 35      | 3:20    | 16.25 | 1:19:03   | 4:51      | 24            | -       | -       | 34      | 9:12    |
| □□ 6   | 3.25     | 16:22    | 5:02         | 8       | 2:42    | 42      | 3:44    | 19.50 | 1:35:25   | 4:53      | 24            | -       | -       | 34      | 8:43    |
| □□ 7   | 3.25     | 16:47    | 5:09         | 7       | 3:04    | 43      | 4:07    | 22.75 | 1:52:12   | 4:55      | 24            | -       | -       | 34      | 7:32    |
| □□ 8   | 3.25     | 17:08    | 5:16         | 8       | 3:19    | 43      | 4:31    | 26.00 | 2:09:20   | 4:58      | 24            | -       | -       | 33      | 3:26    |
| □□ 9   | 3.25     | 17:27    | 5:22         | 6       | 3:27    | 35      | 4:44    | 29.25 | 2:26:47   | 5:01      | 24            | -       | -       | 33      | 3:56    |
| □□ 10  | 3.25     | 18:10    | 5:35         | 6       | 3:50    | 41      | 5:21    | 32.50 | 2:44:57   | 5:04      | 23            | -       | -       | 33      | 4:19    |
| □□ 11  | 3.25     | 18:27    | 5:40         | 5       | 3:49    | 34      | 5:25    | 35.75 | 3:03:24   | 5:07      | 23            | -       | -       | 33      | 3:15    |
| □□ 12  | 3.25     | 18:02    | 5:32         | 4       | 3:03    | 31      | 4:38    | 39.00 | 3:21:26   | 5:09      | 23            | -       | -       | 32      | 1:25    |
| □□□ □□ | 3.25     | 18:05    | 5:33         | 5       | 3:24    | 33      | 17:48   | 42.25 | 3:39:31   | 5:11      | 6             | 39:48   | -       | 34      | 3:19:20 |