



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Fink, Ernst

□□: Vitalabo

□□: 639

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:39:31

□□: 11.48 km/h

□□□□: 5:12 min/km

□□□□□/□□□: 31 (of 148)

□□□□□/□: 31 (of 130)

□□□□□□: 2:45:50

□□□□□: 6(of 28)

□□□□□□□: 2:59:43

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 15:20 | 4:43 | 7 | 2:36 | 43 | 3:04 | 3.25 | 15:20 | 4:43 | 24 | - | - | 34 | 2:32 |
| □□ 2 | 3.25 | 15:46 | 4:51 | 8 | 2:52 | 44 | 3:08 | 6.50 | 31:06 | 4:47 | 24 | - | - | 34 | 4:54 |
| □□ 3 | 3.25 | 16:03 | 4:56 | 8 | 2:50 | 48 | 3:32 | 9.75 | 47:09 | 4:50 | 24 | - | - | 34 | 6:52 |
| □□ 4 | 3.25 | 15:57 | 4:54 | 8 | 2:26 | 40 | 3:26 | 13.00 | 1:03:06 | 4:51 | 24 | - | - | 34 | 8:18 |
| □□ 5 | 3.25 | 15:57 | 4:54 | 7 | 2:26 | 35 | 3:20 | 16.25 | 1:19:03 | 4:51 | 24 | - | - | 34 | 9:12 |
| □□ 6 | 3.25 | 16:22 | 5:02 | 8 | 2:42 | 42 | 3:44 | 19.50 | 1:35:25 | 4:53 | 24 | - | - | 34 | 8:43 |
| □□ 7 | 3.25 | 16:47 | 5:09 | 7 | 3:04 | 43 | 4:07 | 22.75 | 1:52:12 | 4:55 | 24 | - | - | 34 | 7:32 |
| □□ 8 | 3.25 | 17:08 | 5:16 | 8 | 3:19 | 43 | 4:31 | 26.00 | 2:09:20 | 4:58 | 24 | - | - | 33 | 3:26 |
| □□ 9 | 3.25 | 17:27 | 5:22 | 6 | 3:27 | 35 | 4:44 | 29.25 | 2:26:47 | 5:01 | 24 | - | - | 33 | 3:56 |
| □□ 10 | 3.25 | 18:10 | 5:35 | 6 | 3:50 | 41 | 5:21 | 32.50 | 2:44:57 | 5:04 | 23 | - | - | 33 | 4:19 |
| □□ 11 | 3.25 | 18:27 | 5:40 | 5 | 3:49 | 34 | 5:25 | 35.75 | 3:03:24 | 5:07 | 23 | - | - | 33 | 3:15 |
| □□ 12 | 3.25 | 18:02 | 5:32 | 4 | 3:03 | 31 | 4:38 | 39.00 | 3:21:26 | 5:09 | 23 | - | - | 32 | 1:25 |
| □□□ □□ | 3.25 | 18:05 | 5:33 | 5 | 3:24 | 33 | 17:48 | 42.25 | 3:39:31 | 5:11 | 6 | 39:48 | - | 34 | 3:19:20 |