



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Neumeister, Klaus

□□□: 3:41:19

□□: 100 Marathon Club

□□: 11.39 km/h

□□: 507

□□□□: 5:14 min/km

□□: 42.25 km

□□□□□/□□□: 35 (of 148)

Marathon

□□□□□/□: 35 (of 130)

□□□□□□: 2:45:50

□□□□:

□□□□□: 5(of 21)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:05:18

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:42	5:08	12	3:29	68	4:26	3.25	16:42	5:08	18	2:42	37	3:54	
□□ 2	3.25	16:48	5:10	12	3:28	71	4:10	6.50	33:30	5:09	18	4:40	37	7:18	
□□ 3	3.25	17:35	5:24	15	4:17	86	5:04	9.75	51:05	5:14	18	7:05	37	10:48	
□□ 4	3.25	16:51	5:11	10	3:24	64	4:20	13.00	1:07:56	5:13	18	8:32	37	13:08	
□□ 5	3.25	17:02	5:14	11	3:16	68	4:25	16.25	1:24:58	5:13	18	10:18	37	15:07	
□□ 6	3.25	16:41	5:08	9	2:51	54	4:03	19.50	1:41:39	5:12	18	11:31	37	14:57	
□□ 7	3.25	16:47	5:09	8	2:48	43	4:07	22.75	1:58:26	5:12	18	12:05	37	13:46	
□□ 8	3.25	16:50	5:10	6	2:37	37	4:13	26.00	2:15:16	5:12	18	11:35	36	9:22	
□□ 9	3.25	16:36	5:06	4	1:55	23	3:53	29.25	2:31:52	5:11	18	8:10	36	9:01	
□□ 10	3.25	16:42	5:08	4	1:52	23	3:53	32.50	2:48:34	5:11	18	3:24	36	7:56	
□□ 11	3.25	17:09	5:16	4	2:01	20	4:07	35.75	3:05:43	5:11	18		36	5:34	
□□ 12	3.25	17:47	5:28	5	1:51	28	4:23	39.00	3:23:30	5:13	18		35	3:29	
□□□ □□	3.25	17:49	5:28	6	2:27	31	17:32	42.25	3:41:19	5:14	5	36:01	38	3:21:08	