



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Müller, Michael

□□: HSV Birnfeld

□□: 537

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:42:25

□□: 11.33 km/h

□□□□: 5:16 min/km

□□□□□/□□□: 38 (of 148)

□□□□□/□: 38 (of 130)

□□□□□□: 2:45:50

□□□□□: 7(of 21)

□□□□□□□: 3:05:18

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:23	4:44	5	2:10	45	3:07	3.25	15:23	4:44	16	1:23	40	2:35	
□□ 2	3.25	15:53	4:53	6	2:33	46	3:15	6.50	31:16	4:48	16	2:26	40	5:04	
□□ 3	3.25	16:06	4:57	9	2:48	49	3:35	9.75	47:22	4:51	16	3:22	40	7:05	
□□ 4	3.25	16:09	4:58	8	2:42	49	3:38	13.00	1:03:31	4:53	16	4:07	40	8:43	
□□ 5	3.25	16:27	5:03	9	2:41	55	3:50	16.25	1:19:58	4:55	16	5:18	40	10:07	
□□ 6	3.25	16:26	5:03	6	2:36	43	3:48	19.50	1:36:24	4:56	16	6:16	40	9:42	
□□ 7	3.25	16:34	5:05	5	2:35	39	3:54	22.75	1:52:58	4:57	16	6:37	40	8:18	
□□ 8	3.25	17:03	5:14	7	2:50	40	4:26	26.00	2:10:01	5:00	16	6:20	39	4:07	
□□ 9	3.25	18:16	5:37	11	3:35	62	5:33	29.25	2:28:17	5:04	16	4:35	39	5:26	
□□ 10	3.25	18:49	5:47	10	3:59	54	6:00	32.50	2:47:06	5:08	16	1:56	38	6:28	
□□ 11	3.25	18:45	5:46	7	3:37	43	5:43	35.75	3:05:51	5:11	16		38	5:42	
□□ 12	3.25	18:23	5:39	7	2:27	34	4:59	39.00	3:24:14	5:14	16		37	4:13	
□□□ □□	3.25	18:11	5:35	7	2:49	34	17:54	42.25	3:42:25	5:15	7	37:07	42	3:22:14	