



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Tschernatsch, André

□□□: 3:47:53

□□: Hanau

□□: 11.06 km/h

□□: 535

□□□□: 5:23 min/km

□□: 42.25 km

□□□□□/□□□: 50 (of 148)

Marathon

□□□□□/□: 49 (of 130)

□□□□□□: 2:45:50

□□□□:

□□□□□: 9(of 21)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:05:18

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:37	5:06	10	3:24	62	4:21	3.25	16:37	5:06	14	2:37	52	3:49	
□□ 2	3.25	16:50	5:10	13	3:30	73	4:12	6.50	33:27	5:08	14	4:37	50	7:15	
□□ 3	3.25	17:17	5:19	13	3:59	80	4:46	9.75	50:44	5:12	14	6:44	52	10:27	
□□ 4	3.25	17:06	5:15	12	3:39	70	4:35	13.00	1:07:50	5:13	14	8:26	52	13:02	
□□ 5	3.25	17:25	5:21	12	3:39	71	4:48	16.25	1:25:15	5:14	14	10:35	52	15:24	
□□ 6	3.25	17:06	5:15	12	3:16	64	4:28	19.50	1:42:21	5:14	14	12:13	52	15:39	
□□ 7	3.25	17:12	5:17	11	3:13	54	4:32	22.75	1:59:33	5:15	14	13:12	52	14:53	
□□ 8	3.25	17:14	5:18	9	3:01	47	4:37	26.00	2:16:47	5:15	14	13:06	51	10:53	
□□ 9	3.25	17:37	5:25	7	2:56	41	4:54	29.25	2:34:24	5:16	14	10:42	51	11:33	
□□ 10	3.25	18:16	5:37	7	3:26	46	5:27	32.50	2:52:40	5:18	14	7:30	50	12:02	
□□ 11	3.25	18:26	5:40	6	3:18	33	5:24	35.75	3:11:06	5:20	14	1:47	50	10:57	
□□ 12	3.25	19:01	5:51	9	3:05	41	5:37	39.00	3:30:07	5:23	14		49	10:06	
□□□ □□	3.25	17:46	5:28	5	2:24	28	17:29	42.25	3:47:53	5:23	9	42:35	53	3:27:42	