



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Hillmann, Olaf

□□: SC Neuenstein

□□: 595

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:47:53

□□: 11.06 km/h

□□□□: 5:23 min/km

□□□□□/□□□: 51 (of 148)

□□□□□/□: 49 (of 130)

□□□□□□: 2:45:50

□□□□□: 9(of 21)

□□□□□□□: 3:05:18

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:13	4:59	9	3:00	60	3:57	3.25	16:13	4:59	13	2:13	53	3:25	
□□ 2	3.25	16:22	5:02	10	3:02	59	3:44	6.50	32:35	5:00	13	3:45	53	6:23	
□□ 3	3.25	16:51	5:11	10	3:33	69	4:20	9.75	49:26	5:04	9	5:26	53	9:09	
□□ 4	3.25	16:58	5:13	11	3:31	68	4:27	13.00	1:06:24	5:06	13	7:00	53	11:36	
□□ 5	3.25	16:54	5:11	10	3:08	62	4:17	16.25	1:23:18	5:07	13	8:38	53	13:27	
□□ 6	3.25	16:53	5:11	11	3:03	59	4:15	19.50	1:40:11	5:08	13	10:03	53	13:29	
□□ 7	3.25	17:07	5:15	10	3:08	52	4:27	22.75	1:57:18	5:09	13	10:57	53	12:38	
□□ 8	3.25	17:10	5:16	8	2:57	45	4:33	26.00	2:14:28	5:10	13	10:47	52	8:34	
□□ 9	3.25	17:33	5:24	6	2:52	38	4:50	29.25	2:32:01	5:11	13	8:19	52	9:10	
□□ 10	3.25	18:29	5:41	9	3:39	51	5:40	32.50	2:50:30	5:14	13	5:20	51	9:52	
□□ 11	3.25	18:56	5:49	10	3:48	47	5:54	35.75	3:09:26	5:17	13	0:07	51	9:17	
□□ 12	3.25	18:35	5:43	8	2:39	36	5:11	39.00	3:28:01	5:20	13		50	8:00	
□□□ □□	3.25	19:52	6:06	12	4:30	61	19:35	42.25	3:47:53	5:23	9	42:35	53	3:27:42	