



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Weißer, Roman

000: 3:52:08

00: SV Elbland Meißen / Team Endurance Radebeul 00: 10.86 km/h

00: 602

0000: 5:29 min/km

00: 42.25 km

00000/000: 58 (of 148)

Marathon

00000/0: 57 (of 130)

000000: 2:45:50

0000:

00000: 5(of 9)

Senioren M30 (30-34 Jahre)

0000000: 3:05:24

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:27	4:45	5	2:25	46	3:11	3.25	15:27	4:45	5	2:25	61	2:39
00 2	3.25	16:03	4:56	5	2:58	52	3:25	6.50	31:30	4:50	5	5:23	61	5:18
00 3	3.25	16:17	5:00	5	3:46	57	3:46	9.75	47:47	4:54	5	9:09	61	7:30
00 4	3.25	16:28	5:03	5	3:57	55	3:57	13.00	1:04:15	4:56	5	13:06	58	9:27
00 5	3.25	16:03	4:56	5	3:24	41	3:26	16.25	1:20:18	4:56	5	16:30	61	10:27
00 6	3.25	16:34	5:05	5	3:36	49	3:56	19.50	1:36:52	4:58	5	20:06	61	10:10
00 7	3.25	17:45	5:27	5	4:14	69	5:05	22.75	1:54:37	5:02	5	24:20	61	9:57
00 8	3.25	18:59	5:50	7	4:59	83	6:22	26.00	2:13:36	5:08	5	29:19	60	7:42
00 9	3.25	19:42	6:03	8	5:08	85	6:59	29.25	2:33:18	5:14	5	34:10	60	10:27
00 10	3.25	19:20	5:56	5	4:24	64	6:31	32.50	2:52:38	5:18	5	37:39	58	12:00
00 11	3.25	19:41	6:03	5	4:13	60	6:39	35.75	3:12:19	5:22	5	40:28	58	12:10
00 12	3.25	20:42	6:22	5	5:10	64	7:18	39.00	3:33:01	5:27	5	43:32	57	13:00
000 00	3.25	19:07	5:52	4	3:50	47	18:50	42.25	3:52:08	5:29	5	46:44	62	3:31:57