



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Schläger, Lars

00: Trail Team OWL

00: 620

00: 42.25 km

Marathon

0000:

Männer (20-29 Jahre)

000: 3:56:02

00: 10.68 km/h

0000: 5:35 min/km

00000/0000: 65 (of 148)

00000/0: 64 (of 130)

000000: 2:45:50

00000: 5(of 8)

0000000: 3:00:25

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:33	4:47	6	2:11	49	3:17	3.25	15:33	4:47	6	2:04	68	2:45
00 2	3.25	16:04	4:56	6	2:46	53	3:26	6.50	31:37	4:51	6	4:43	46	5:25
00 3	3.25	16:20	5:01	6	2:48	60	3:49	9.75	47:57	4:55	6	7:31	68	7:40
00 4	3.25	16:42	5:08	7	3:16	61	4:11	13.00	1:04:39	4:58	6	10:47	68	9:51
00 5	3.25	16:58	5:13	5	3:32	66	4:21	16.25	1:21:37	5:01	6	14:19	68	11:46
00 6	3.25	17:29	5:22	6	3:59	70	4:51	19.50	1:39:06	5:04	6	18:18	68	12:24
00 7	3.25	18:12	5:35	6	4:31	77	5:32	22.75	1:57:18	5:09	6	22:49	53	12:38
00 8	3.25	18:41	5:44	6	4:36	78	6:04	26.00	2:15:59	5:13	6	27:25	67	10:05
00 9	3.25	18:48	5:47	6	4:50	71	6:05	29.25	2:34:47	5:17	6	32:15	67	11:56
00 10	3.25	19:59	6:08	6	6:01	76	7:10	32.50	2:54:46	5:22	6	38:16	65	14:08
00 11	3.25	20:23	6:16	5	5:58	68	7:21	35.75	3:15:09	5:27	6	44:14	65	15:00
00 12	3.25	20:48	6:24	6	6:05	67	7:24	39.00	3:35:57	5:32	5	50:19	64	15:56
000 00	3.25	20:05	6:10	6	5:18	65	19:48	42.25	3:56:02	5:35	6	55:37	69	3:35:51